

# Dr. Kwang

Wellness & Healing Teas

## An Intro: How I Handle Health Differently

**I handle toxins and heal the body.** In general, when I refer to toxins I mean parasites, bacterium, fungi, heavy metals, or chemicals, collectively and individually. Where toxins are located will likely affect those organs or tissues and the tasks that the organs or tissues are responsible for handling, but I help locate where the toxins exist and how to cleanse the body. Toxins interfere with normal bodily functions and often compete with the body for nutrients. If toxins are not cleared out of the body, then they often cause chronic problems in the region of the body that they are located.

I can also discuss with patients symptoms that might exist because of the presence of certain toxins in specific regions of the body. I continue to read research and keep up to date regarding health, the human body, drugs, medicine, nutrition, and toxins.

### My Educational Background

I graduated from University of California, San Diego with a bachelor's of science (B.S.) in mammal physiology and neuroscience. After college, I was accepted into a post-graduate doctorate (Ph.D.) program at University of Southern California, where I conducted cancer research. For two years I studied how cancer cells work. More specifically, I researched how cancer genes turn on and off. One day I asked a professor, "why do the cancer genes turn on and off?" The professor commented that 'no one pays to answer the question why', but because my family had been affected by cancer, finding answers to 'why' was important to me. For the first time I began to research whether both traditional Chinese medicine and Western medicine could explain why cancer cells turn on and off.

### A Curiosity for Pain

Eventually, I decided to focus on "why do people have pain". I applied for and was accepted to Southern California University of Health Science's Chiropractic program where I earned a Doctor of Chiropractic (D.C.) in 2003. In chiropractic school we studied, among other things, how the misalignment of the vertebrae causes pain or chronic pain. When I began to practice, some of my patients had chronic pain, and came to me for a chiropractic adjustment every week. Hoping that I could help alleviate my patients' problems, I began with asking "why" again. During my research I continued to find that toxins (fungi, parasites, heavy metals, bacterium, and chemicals) have a profound affect on the human body, (continued on the next page)



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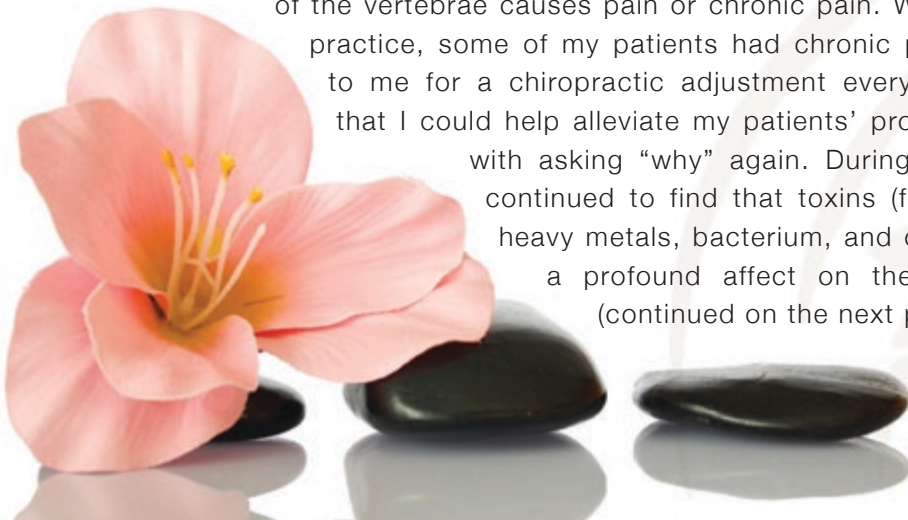
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- What diabetes really means

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especially chronic problems. For the next stage of my practice, I began to research how I could help 'find' my patients' problems. In 2009, I completed the Ulan Nutritional System, which trained me and provided me tools to find the patients' problems quickly.

### Causes of Cell Death

The medical profession recognizes that chronic diseases are the result of cytokine. The cytokine response is triggered because of cell injury or cell death. Cytokine is an immune response in which the body attempts to fight off infection. If the cytokine affects the hypothalamus (including, the pituitary and adrenal glands), then the following will often be affected: sleep hormones, swelling, decreased appetite, nausea, insomnia, and fever. Because of the cell death (or mutation thereof), a person may have a propensity to develop chronic diseases such as Alzheimer's, lupus, multiple sclerosis, and cancer. However, if the cytokine affects the liver, then how a person processes insulin, uses glucagons (stored), or uses glucose (from food) will be affected adversely.

During the course of my research I have learned that fungi, parasites, bacterium, heavy metals, and chemicals are the triggers that cause the cells to die or become injured.

Additionally, it is my belief that stress and how a person handles stress is one of the main reasons why your body is not able to handle the toxins and why the toxins are able to overpopulate the body.

### Questions and Answers

#### Q: Are you a doctor?

**A:** I have a Doctor of Chiropractic degree, so people may (legally) call me doctor. I usually introduce myself to new patients as "Charles".

#### Q: Why do you use muscle testing?

**A:** Muscle testing is a homeopathic method of finding the source of the problem, especially when traditional tests, scans, and X-rays do not often find the problem.

#### Q: Isn't muscle testing subjective – doesn't it depend on the decision of the operator?

**A:** Health professionals who use muscle testing often interpret the test differently. A weak response indicates that there is a "no", which means that the body has a problem with whatever toxin or illness that is being tested. Depending on a person's symptoms or what they complain about, I sometimes have an idea which toxins or what region of the body is affected. I look for both strong and weak responses for different parts of the body, and remain open to whatever shows up as a problem.

Other nutritional or detoxing products may work or test well, but in the end their overall affect is not usually (1) strong enough to help the body detox completely, or (2) strong enough to help the body heal completely.

#### Q: Will the teas interfere with auditing or purification?

**A:** If someone is auditing, we could change the amount of cleansing teas a patient is taking, so that the handling of the problem is spread out over more time. Usually, for example, people take 42 packets of Anti-Parasite Formula in 2 days (for someone who is not auditing, I recommend this time frame so that the body can handle the problem quicker, which also means that the body will need to focus its primary attention on cleansing and healing). However, for someone who is auditing, I would recommend taking 7 packets of Anti-Parasite Formula per day for 6 days.



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